



Florida Blue   
**BetterYou**

# Fall health update

Join us for a presentation to learn how to stay healthy this fall. We will review why it's important to stay up to date on preventive care and immunizations, and offer recommendations for healthy habits to help protect you as cold and flu season begins.

Presented by Florida Blue and

Date:

Time:

Place:



Contact:

**Florida Blue**   
Your local Blue Cross Blue Shield

To register for this event, click on the link below:

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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-352-2583 (TTY: 1-877-955-8773).  
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